



ONLINE TEACHING GUIDE

RECORDING

Best-practices for self-recording at home

WHO WE ARE

*The Education Technology team advise faculty and staff on **how to effectively incorporate educational technology into their programs.** We are a team of specialists in instructional design, educational media production, and simulation.*

THE RESULTS

*We can help you succeed in making the transition to online learning. Our team of experts can provide practical advice on selecting **the right technology for the task** as well as ensure that **it works for you in the way that you need it.** Our interactive online modules, audio podcasts and high-quality videos can help **your learners thrive in the digital environment.***





LEVELS OF SELF-RECORDING

Recording your own video at home can happen with different degrees of complexity.

Here are three categories to consider for self-recording and some suggestions for improving your home setup.

FOUNDATIONAL

Making minor adjustments to your recording environment.

TIME OF DAY - Avoid busy times, record early or later in the day.

AMBIENT NOISE - Move away from road, appliance, or fan noise.

LIGHTING - Use window light to illuminate your face.

BACKGROUND - Check your background for undesirable items.



ENHANCED

A small investment in equipment and further environment tweaks.

AUDIO - Use a microphone to record better audio.

SURFACES - Lay a blanket over your desk to absorb echo. Avoid using extremely small rooms with hard surfaces.

EYE CONTACT - Try to remember most of your talking points. Position your notes below your camera.

LIGHTING - Find 1-2 lights in your home to add light to your camera view. Position one in front of you and one off to the side.



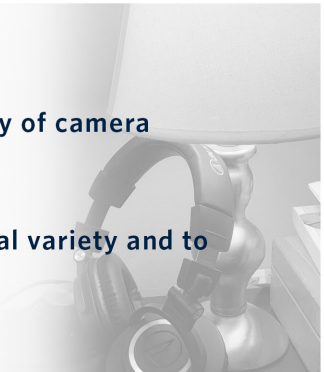
ADVANCED

A significant investment in equipment and making major additions to the recording environment.

AUDIO - Use a high-quality voice microphone with pop filter.

MULTI-CAMERA - Add a second or third camera to record a variety of camera angles for your audience.

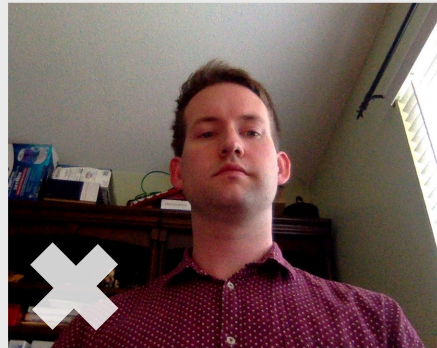
PERFORMANCE - Present to your other camera angles to add visual variety and to emphasize certain sections of your presentation.



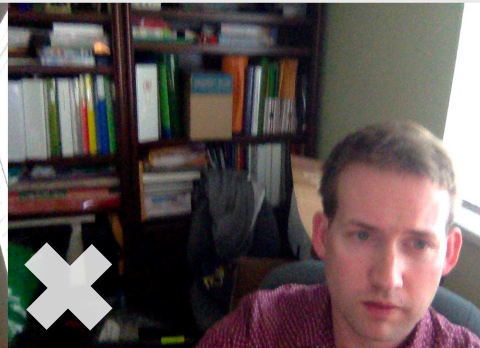
THE IMPACT

Where you position your recording device can make a big difference to your audience.

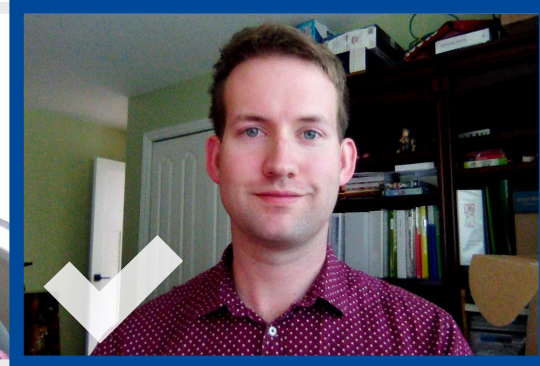
CAMERA POSITION



Too low



Too high, off-center

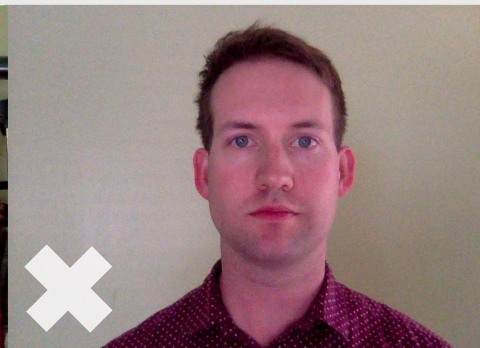


Eye-level, centered

BACKGROUND



Too distracting



Too boring



Simple

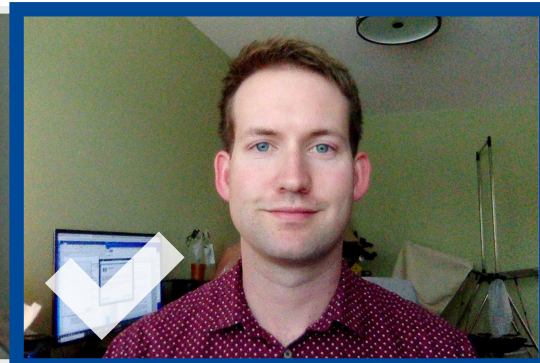
LIGHTING



Light is behind you



Light is on the side



Light is in front of you



RECORDING EQUIPMENT

Audio

Lighting

FOUNDATIONAL	<ul style="list-style-type: none"> - Poly Blackwire EC3225 Headset (\$79.99) L1 / L2 / L3 - Rode NT USB microphone (\$139.99) L1 / L2 / L3 	<ul style="list-style-type: none"> - GVM Ring Light(\$119.99) L1 / L2 / L3
ENHANCED	<ul style="list-style-type: none"> - Blue YetiCaster Bundle (\$300) L1 / L2 / L3 	<ul style="list-style-type: none"> - Falcon Eyes RGB Light (\$200) L1 / L2 / L3 - Small light stand (\$75) L1 / L2 / L3
ADVANCED	<ul style="list-style-type: none"> - Rode NT1 XLR Bundle (\$450) L1 / L2 / L3 	<ul style="list-style-type: none"> - 2 x Falcon Eyes RGB Light (\$400) L1 / L2 / L3 - 2 x Small light stand (\$150) L1 / L2 / L3
PROFESSIONAL HOME STUDIO	<ul style="list-style-type: none"> -Audio Technica Headphones (\$175) L1 / L2 / L3 - Shure SM7B XLR Microphone (\$620) L1 / L2 / L3 - Pop Filter (\$30) L1 / L2 / L3 - Cloud Lifter Signal Booster (\$215) L1 / L2 / L3 	<ul style="list-style-type: none"> - 2 x Falcon Eyes RGB Light (\$400) L1 / L2 / L3 - 2 x Manfrotto Compact Light Stands (\$175) L1 / L2 / L3 - 2 x Joby 3K Ball Head (\$125) L1 / L2 / L3

*Purchasing links are denoted with L1 / L2 / L3, with Canadian sources given under L3.





OUR SUPPORT



REACH OUT

Email us at edmedia.med@ubc.ca to request a consultation. We will respond within 24 hours.

LET US KNOW

How are you planning to integrate online teaching? Take [the survey here](#).

USEFUL TEACHING LINKS

CTLT Guide for Teaching Online - keepteaching.ubc.ca

CTLT Guide for Learning Online - keeplearning.ubc.ca

UBC-Supported Teaching Tools - LThub.ubc.ca/guides/all/

